

HOLDFAST BAY CROQUET CLUB

KEEPING IN TOUCH

JUNE, 2022



Hi folk,

Well winter is well and truly upon us. Hoping all are well and staying free of all the nasties floating around. It's good to see so many are rugging up and braving the weather coming out to croquet.

PENNANTS: Club Captains report

There have been no pennant games over the previous month. Pennants restart on 7th July (Breakers) and 9th August (Stingrays) The draw for the Spring pennants (Thursday nights) not been released yet.



Hopefully this year we will be able to enter a team in the Plus 24 and in the Open Competition.

As part of social play on Wednesday Roger's coaching clinics have proved to be very successful. Am sure that our skills and tactics will benefit from this coaching. Thanks Roger.

Recently Paul and Colin came 4th in the Combined 8+ competition at Hutt Rd. Congratulations and well done to both.

Jān's TIP of the DAY - When in doubt roquet

Cheers Jān.



Club Captain

CLUB HAPPENINGS

- * **Gala Days:** the club is hosting a Gala Day on Monday 9th November.
- * **Interclub Competition:** Propose to have a competition later in the year as a challenge for all. Further details forthcoming.
- * **Twilight Golf Croquet:** Proposal put forward that we include, in summer, social play on a Wednesday evening. The club will support, but as with Friday afternoon play will self organised.
- * **Come n' Try:** Our club is currently having a membership drive. If you know of anyone who could be at all interested in the game of croquet please bring to the club. There is notice advertising our clubs activities on Face Book under the Event Section. Thanks Roger.

Social Event: Trish Clayton has kindly offered to host a mid year get together for all croquet members and partners on Sunday 31st July. 12.00 -12.30pm. Bring a party plate to share. Thanks Trish. Hope to see all there.

Thank you Roger for our new Mallet racks.



Look good, being well used

ROGERS CROQUET SKILLS TIPS

Successful Croquet Players maintain a routine which they practice and use when taking every shot. It is recommended that you adopt the following routine for success.

The 5 “S’s” of Successful Croquet

STALK

Before you play your shot, start two or three metres behind the ball, and walk forward to it, keeping your eye on the line you want the ball to go. Do this before each shot. This is called ‘stalking’.

STANCE:

Place the mallet just behind the ball. Put your feet behind the back of the mallet, one on each side, with the right foot slightly behind the left. Have your feet pointing in the direction you want the ball to go.

SWING SLOWLY BACK:

Swing the mallet slowly back between the legs and let the mallet start its downward swing without any manual force. Swing from the shoulders.

STAY DOWN:

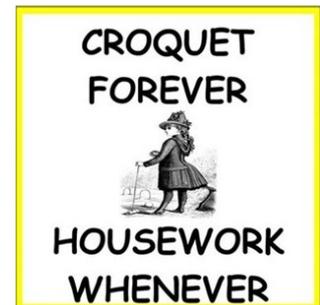
Keep your head still, and your eyes fixed on the back of the ball until you make contact.

SWEEP THROUGH:

As you sweep the mallet through, try to keep the mallet head parallel to the ground for some 8-10 cms. To do this, you have to allow the arms to swing from the shoulder.

A simplified version could be :-

- ◆Grasp the mallet quite firmly;
- ◆Place the mallet head a little behind the ball;
- ◆Eyes looking down on the ball at a point along the line of swing -this will usually be at the back or centre of the ball;
- ◆Keep the body as still as possible;
- ◆Make a smooth, straight, rhythmic swing both backwards and forwards, hitting the ball at the bottom of the swing;
- ◆Do not lift the head;
- ◆Follow through with the mallet.



Hopefully similar articles to this will become a regular part of our Keeping in Touch Newsletter.

With weather permitting, Coaching will be held every Wednesday morning at 9.30am at the club.

Roger Zeuner

WEB and FACEBOOK

Remember to continually access this medium for all information and club activities.



Keep well, keep safe, keep smiling and keep croqueting

Cheers,

Marg



Think Xoni